

Date _____

Name _____

Weekly Tracker

Checks	Max Times Per Week	Activity	Minutes	Category _____ .				
	2 cello + 4 piano	Sight Reading	20	cello	piano		read	
	4 cello + 2 piano	Repertoire (learn, improve, memorize)	20	cello	piano			
	cello piano	Repertoire: learn notes						
	cello piano	Repertoire: improve						
	cello piano	Repertoire: memorize						
	2 cello + 2 piano	Scales & Other Patterns	20	cello	piano			sing
	2	Review Old Music	20	cello	piano			
	2	Play by ear	20	cello	piano			
	2	Transpose (1 spot to all keys)	20	cello	piano	ear		
	2	Transpose (whole to 1 key)	20	cello	piano	ear		
	2	Improvise	10		piano	ear		sing
	2	Play and Sing	10		piano	ear		sing
	2	Compose a tiny piece	10 or 20			ear	write	
	2	Write by ear ("Take Dictation")	10 or 20			ear	write	
	6	Sight sing	10			ear	read	sing
	2	Ear Training (relative pitches)	10			ear		
	2	Ear Training (absolute pitches)	10			ear		
	2	Chorale sing	10			ear	read	sing
	1	Read theory book	10				read	
	1	Listen for fun with score	10				read	
	1	Analyze	10				read/write	
	1	Singing beautifully	10					sing
	1	Invent your own challenge	10	cello?	piano?	ear?	read/write?	sing?
Total this Week _____ .		Summary of challenge _____						
Goal: 15+								

Instructions

- . Before you start practicing, teacher chooses activities that
 - . add up to an hour (or however much time you have)
 - . you haven't already done the maximum per week
 - . usually include at least 1 piano, 1 cello, 1 sight sing, and 1 free choice.
- . Before each activity, set a timer.
- . When you complete each activity, make a ✓ in the "check" column next to it.
- . Free choice: If you finish your goal amount of time or activities before the week is over, you get free choice!
- . On Saturday, you will demonstrate how you've been practicing and present some activities you worked on.
- . The teacher may adjust the "number of times per week" and "time per activity."